

# “Treatment” of Problem Gambling

Dr. Clive Allcock

# Some Concept Issues

- Is there an illness to “treat”?
- Problem, pathological or does it matter?
- Prospect theory

- Our Own Bias May Reflect Our Choice

- Are We Really Necessary?

- No Gold Standard Yet, But Contenders Exist.

Cognitive Behaviour Therapy

Cognitive Therapy

Gamblers Anonymous

- Pills and Potions!

- ? Too short

- ? Side Effects may  
unmask placebo  
structure

- A final question???

- Why are there variations within some cultures?

- Relevance to brain and biochemistry models